

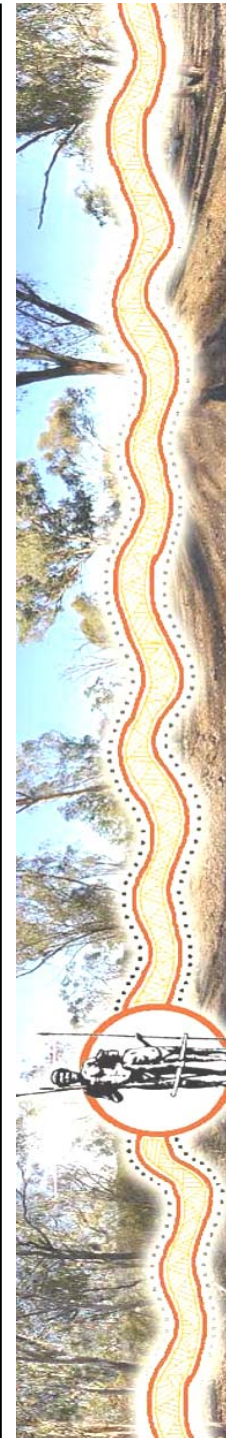
## What's happening *every* week

- ♦ **Monday / Wed / Friday** NSW Weight Loss  
5.30 – 6.30 pm Knock out Challenge
- ♦ **Tuesday** Aunty Jean's Exercise Program  
9.30 am – 2 pm
- ♦ **Wednesday** Koori Kindermanna Playgroup  
10 .00 am - 1.00 pm

## What's happening in APRIL /MAY

- ♦ **Tuesday 8th April** South West Tenants Advice Ser-  
4.30 pm - 5.00 pm vice  
At Woomera Info session
- ♦ **Tuesday 8th April** Woomera Housing  
5.00 pm - 5.30 pm Tenants Meeting  
At Woomera Hub
- ♦ **Tuesday 8th April,** Aunty Mary and  
10 am - 3:30 pm. Guide Dogs NSW/ACT  
In Aunty Jean's Program
- ♦ **Wednesday 9th April,** Bush Walking Demo  
10.30 am - 12 noon. with Aunty Mary &  
Walkabout Club Guide Dogs NSW/ACT
- ♦ **Wednesday 9th April** KIN and CWP meetings  
11 am - 2.00 pm Robert Brown Room  
At Albury City Council
- ♦ **Wednesday 9th April** Woomera Board Meeting  
5.30 pm — 9.pm At Woomera Community Hub
- ♦ **Tuesday 15th April** Aboriginal Mental  
**Wednesday 16th April** First Aid Training  
9 am - 5pm  
At Mungab  
*For more info*  
*Katrina Dart 6024 7599*
- ♦ **14th April - 25th April** School Holidays

Woomera Aboriginal Corporation Newsletter APRIL / MAY 2014



# Woomera Aboriginal Corporation

***Provides the  
following services:***

- **Aboriginal Social Housing**
- **Community Hub**
- **Men's Shed**
- **Koori Kindermanna  
Preschool**
- **Supported Playgroup**
- ♦ **Homeless Action Program**

***Contact us at:***

**684 Daniel Street  
(PO Box 19)  
Lavington  
NSW, 2641**

**Phone: 02 6057 7400  
Email: [reception@woomera.org.au](mailto:reception@woomera.org.au)**

## A word from our Executive Officer Sylvia Paruit

Welcome to the Woomera Aboriginal Corporation's first quarterly Newsletter for 2014. I can't believe how quickly this year is already travelling. It has been a busy first term here at Woomera and it looks like this will continue throughout the year. The preschool children have really settled in well and have embraced many activities already. They have quickly adapted to routine and are excelling in their skills. The Community Hub has been bustling with many activities this term and you can read more on what's going on throughout the newsletter.

Recently a meeting was held by AbSec to discuss **Out of Home Care Services** in the Albury area. W.A.C has expressed interest in becoming a OOHC provider for the local community. The proposal was very well received at the meeting, if you have any questions or concerns about OOHC and how this potential will service the local community through Woomera please do not hesitate to contact me directly. I am happy to answer questions or find the answer to your questions.

The W.A.C board meetings are usually held the 2nd Wednesday of the month so if you have any forms or queries please submit them by 4pm the day prior to the meeting.. ***PS Please get your Aboriginality forms in by 7th April to present at this month's Board meeting on 9th April***

On behalf of the board and staff we wish you a **Happy Easter** .

## Boa

### Margaret Murray

My name is Margaret Murray. I was born and raised between Mildura and Balranald. I am a proud Barkindji woman from lower Western NSW.

I have been living back in Albury for 10 years now. I have 3 children and 4 grand daughters. I currently work at Albury Community Health Centre as the Aboriginal Health Education Officer. I've been working in health for over 15 years and I enjoy what I



**Remember Mum  
Mothers Day  
Sunday 11th May**

## Drop in to use the Community computers

Do you know that we have 3 computers our front room for community use? The computers have internet access and are ideal to use for studying, logging into Centrelink, to access the RMS (RTA) website including support for getting your license. If you need to print information or photocopy documents please let the receptionist know and she will be happy to assist you. Anyone in community is invited to come in to use the facilities. And if you want to learn more computer skills ...



Contact :  
Mark  
Cunningham at  
Riverina TaFE

**6058 2880**  
**0438 219 607**

...for more  
information and to  
enrol

### Digital literacy – eCitizen Skill Set (ICASS00017)

Course no: 10521

<b>Date</b>	<b>Start Date:</b> 29 April 2014 for 3 hours a week for six weeks
<b>Time</b>	<b>9.00am-12.00pm</b>
<b>Venue</b>	Room E1, Block E TAFE NSW Riverina Institute Albury Campus Poole St.

## Stay tuned for the HIPPY program



### Home Interaction Program for Parents and Youngsters

*Hippy Albury Wodonga is funded by the Australian Government Department of Education through the Home Interaction Program for Parents and Youngsters*

The **HIPPY** program Albury Wodonga (**Home Interaction Program for Parents and Youngsters**) will start working with interested families next Term. HIPPY is a two-year home-based (involving home visits and parent groups) early childhood enrichment program. HIPPY builds the confidence and skills of parents and carers to create a positive learning environment that prepares your child for school. The HIPPY program is a free program, available to families where there is a preschool aged child.

#### Are you interested in getting involved?

If you enroll you and your child will be involved for two years during school terms—the year before starting school (around 4 years old) and the following year of HIPPY during their first year at Big School.

There is a mix of home visits and group meetings. The good things about HIPPY for Carers and their Preschoolers are that it:

- ◆ Encourages a love of learning in children
- ◆ Promotes language, listening skills and concentration
- ◆ Gives parents and children a chance to enjoy time together
- ◆ Increases parents knowledge of child development and an understanding about the way children learn

**Please contact Terry at Kindermanna 6057 7450**  
**Donna at Gateway 6022 8811**



### Vision Australia comes to Auntie Jean's



The Auntie Jean's program had a visit from Suzie Nicholls and her colleagues from Vision Australia on Tuesday 1st April. Community members tried out special glasses to experience the effects of Macular Degeneration. Members also had a turn at using the Walking Cane.



## News from Housing Co-ordinators: Wendy Taylor & Aileen Williams

Housing has been successfully approved for PARS and we are now an accredited **NSW Housing Provider**. We are currently doing the first lot of inspections for the year. We've had a visit from Aboriginal Housing Organisation (AHO) who inspected all our properties—just taking photos to update and confirm the titles of the properties. Please note all tenant repair queries need to be directed to W.A.C Housing Co-ordinator.



### Tenants Meeting

A tenant's meeting and information session will be held on **Tuesday 8th April : 'How to secure your tenancy'** from 4.30 pm - 5 pm. The Tenants meeting will follow straight after from 5pm -5.30 pm then a BBQ tea.

**This is an important meeting to update the tenants.**

Ring Wendy or Aileen for any matters relating to housing or this meeting



### Auntie Mary comes to Albury

Last month we had a visit from Auntie Mary and guide dogs NSW/ACT. Auntie Mary is a Bundjalung woman who lost her vision through diabetes. She visited Woomera to tell her story and warn people about taking doctors advice. Those who heard her speak were so moved by her, she's been invited back again.



*When:*  
**Tuesday 8<sup>th</sup> April**  
*Where:*  
**Auntie Jean's**  
*Time:*  
**10 am – 1.30 pm**

**On Wednesday 9th April** she'll visit the **Walkabout Club** from morning tea.

Come and meet her for a cuppa and scones and then join her for a walk in the park.



## Community Hub Coordinator Helen Fitzgerald

The Community Hub has been buzzing with activity so far this year. Everyone seems to be on a health kick. The attendance at the NSW Weight Loss Challenge has been fantastic - with many faces turning up 3 times a week .

### How the Hub can help you ?



My role as Community Hub Coordinator is to make sure Programs that reoperate out of from Woomera, run smoothly. However, I can also help community members if they need help:

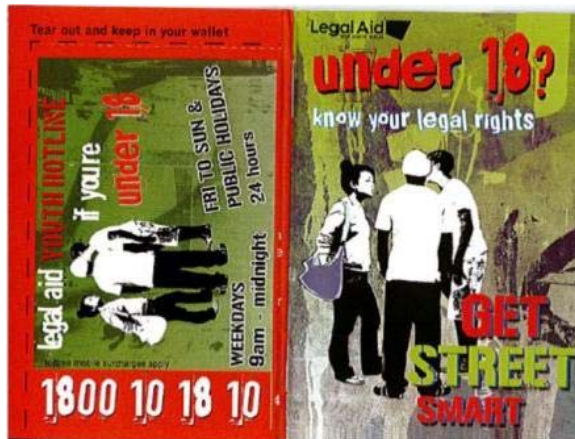
- ◆ Writing a letter
- ◆ Doing up a resume
- ◆ Filling out forms
- ◆ Finding out information for you

### AWANILS Loans on Mondays at Woomera

Cathy Hiscock from Upper Murray Family Care has taken over from Sue Battles . Ring or come in to Woomera to find out if you're eligible for an **Albury Wodonga Aboriginal No Interest Loan** . Cathy has appointments at 11.00am, 12.30pm, 1.30pm and 2.30pm . Loans are available up to **\$1000**.

### Young People and the Law

I attended a recent training session on the law and Young people. A key message was that it's important for young people to know their rights. There is a youth hotline **1800 10 18 10** and they encourage youth to ring any-time they feel they haven't been treated fairly.



## Men's Shed

The Men's Shed is in the process of moving from AWASHS to the Woomera Brick Shed. Stay tuned for developments on when this has happened.

## Terry's News from Koori Kindermanna Preschool & Playgroup

### Student Teachers at Kindermanna

There are three students on placement with us at the moment. All of them are studying for their Bachelor of Education . Lauren Barry on Mondays and Tuesdays is from Deakin University, Geelong and Casey and Lauren from CSU Thurgoona Tuesdays and Thursdays .

The students will be taking observations of some of the children as their focus children.



### Easter is coming

The children have been very busy making hats for the two Easter hat parades we have been invited to next week. They are making some very interesting creations. They have also been busily painting, decorating, cutting and stapling Easter baskets, in the hope that Easter Bunny will leave something in them!!!! Play group will also be doing these activities. We have been very fortunate to have been invited to TWO Easter hat parades next week and also an invitation to visit Albury Preschool. Itineraries and permission notes will be sent home next week.



### Nail Can Hill Excursion

On Tuesday we will be going for a walk up Nail Can Hill. Children will need to wear sensible walking shoes on this day.



### Kindermanna waiting List

Make sure you collect a waiting list form from Preschool. Children need to be on the waiting list to get a place for future years.

